

WRAP for Re-entry

*Wellness Recovery
Action Plan*



Mondays

11 AM- 1PM

Who can benefit from this group?

Anyone interested in
joining a wellness
group for individuals
impacted by the
Justice System

CORE

100 Hegenberger
Rd Oakland Ca

Nov 3rd- Dec 22nd

**TOPICS
INCLUDED**

**Wellness
Toolbox**

**Relapse/
Crisis
Prevention**

**Stress
Management**

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