## **CORE** | Center of Reentry Excellence





## La Familia Women's Group

Are you ready to reclaim your power and live purposefully? Join a supportive group of women on the recovery journey from trauma, substance struggles, and emotional challenges.

This safe space fosters sharing, growth, and upliftment. Whether you're new to recovery or have experience, you'll explore healthy coping strategies, build confidence, celebrate victories, and create lasting positive changes together.

## How to register

Register via the tinyurl or QR code

https://tinyurl.com/COREandLAFAMILIA





## **More Information**

- Tuesday, May 6<sup>th</sup>, 2025
- 24100 Amador Street 3<sup>rd</sup> Floor Hayward, Ca 94544
- 12:00-1:30pm. END DATE TBD