

Nature walk with CORE: The Path to Wellness



FRIDAY, OCTOBER 16, 2026
HIKE BEGINS AT 10:30 AM



Location: Reinhardt Redwood Regional Park
Address: 11500 Skyline Blvd, Oakland, CA



Join us for a refreshing day outdoors to move, connect, recharge your mind, and enjoy nature together.

NEED A RIDE? WE'VE GOT YOU! **10:00 AM**

Shuttle Leaves 100 Hegeberger Rd
promptly at 10:00AM



10:30 AM

Hike begins

RIDE WITH CORE OR MEET US THERE

- ✓ Trailblazers: CORE Community Hike
- ✓ **Nature's Classroom: Explore the Great Outdoors**
- ✓ Build resilience and navigate challenges with clarity
- ✓ Experience peace and connection with nature

SCAN



REGISTRATION

Scan to Register

tinyurl.com/CORE-NATURE-WALK



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