



## Program & Schedule: March 2026



### MONDAY 8a-5p

**Providers:**

- 9a-4p: Roots Community Health**
  - Social services navigation (e.g., ID, Medi-Cal, etc.)
- 9:30a-12:30p: HEPPAC**
  - Harm reduction health outreach

**Class/Workshops:**

- 10-11:30a: Tri-Valley Career Center**
  - GED Prep Class (starts 3/23)
- 11a-12p: Peers Envisioning & Engaging in Recovery Services (PEERS)**
  - Wellness, Recovery, and Action Plan classes

**Also at CORE:**

12p-1:30p: NA/AA

### TUESDAY 8a-7p

**Providers:**

- 12:30p-2:30p: La Familia**
  - Substance recovery treatment services
  - 4<sup>th</sup> Tuesday (3/26)
- 1p-4p: Copeland Center**
  - Reentry Services

**Class/Workshops:**

- 10a-12p: Five Keys - CB13 Keys to Change**
- 1:30-3:30p: La Familia Family Reunification**
  - Fathers Group
- 2p-4p: La Familia Substance Recovery**
  - Recovery & Psychoeducation Class
- 5:30p-6:30p: The Gemma Project**
  - Women Rising (Online Women's Group)

**Also at CORE:**

4:30p-6p: Narcotics Anonymous

3/31: Closed-Holiday

### WEDNESDAY 8a-7p

**Providers:**

- 9a-12p: Five Keys (Hayward CORE)**
  - Employment services
  - 1st (3/4) & 3rd (3/18)
- 10a-12p: Tri-Valley Career Center (Hayward)**
  - Educational Services (GED/HSD, Apprenticeships, Training Programs, etc.)
- 1p-3p: Five Keys**
  - Employment services
  - 4<sup>th</sup> Wednesday (3/25)
- 1:30-4:45p: La Familia Healing Hearts**
  - Family counseling and intake
- 3-5p: Lifelung EBCRP**
  - Substance use recovery

**Class/Workshops:**

- 11a-12p: PEERS (Hayward CORE)**
  - Wellness, Recovery, and Action Plan classes
- 12:30-2p: CORE - Emotional Intelligence**

**Also at CORE:**

12p-1:30p: NA/AA

### THURSDAY 8a-5p

**Providers:**

- 9a-4p: Felton Institute**
  - Mental health and wellness intake
- 9a-5p: Centerpoint Inc.**
  - Substance use services screening and referrals
- 10a-2p: La Familia Family Reunification**
  - 4th Thursday (3/26)
- 11a-3p: Bay Area Legal Aid**
  - 3rd Thursday (3/19)
  - Legal support and resources

**Class/Workshops:**

- 10a-12p: Five Keys - Keys to Change CB13**
- 1:30p-3p: Felton Institute - Anger Management group**

**Also at CORE:**

None at this time

### FRIDAY 8a-5p

**Providers:**

- 10a-12p: Tri-Valley Career Center**
  - Educational Services (GED/HSD, Apprenticeships, Training Programs, etc.)

**Class/Workshops:**

- 10-11:30a: CORE - DMV License Prep**
  - Begins 3/27
- 11a-12:30p: CORE @ Lao Care Campus**
  - Men's Empowerment Network

**Also at CORE:**

None at this time



**AB 109 Realignment Funded Program**

Alameda County Probation Department, AB 109 Direct Services- Center of Reentry Excellence [Master Contract No. 902102]

### SATURDAY 9a-1p

CORE is open on the 1st and 3rd Saturday this month:

- 3/7: CORE MINDS Study Group
- 3/21: The Gemma Project-Women Rising (Women's Group)

### SPOTLIGHT

**Mind Over Matter Workout Class**

Join CORE for 3x weekly workout group beginning on March 9.  
**Every Monday, Wednesday, and Friday;**  
**100 Hegenberger Rd., Oakland**  
**Meet at 9am** - offsite activities  
 Group activities include stress management, exercise, diet, and more.  
 RSVP at <https://tinyurl.com/mind-over-wellness>

### Onsite Daily:

- Oakland Public Library:** Bookshelf, all ages books, kids corner, and resources
- Laptop:** Checkout and technology support
- Meals:** Breakfast and lunch served daily
- Food Pantry:** donations from One Nation Dream Makers

2026		MARCH						
SUN	MON	TUE	WED	THU	FRI	SAT		
1	2	3	4	5	6	7		
8	9	10	11	12	13	14		
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30	31						



### Special Events:



- Thurs, 3/12 (11a-2p):** Community Resource Forum & Probation Resource Orientation (11a-12p) @ Oakland CORE - 100 Hegenberger Road, Oakland
- Tues, 3/17 (1-3p):** CORE Events Focus Group
- Wed, 3/18 (12-3p):** Bowling @ Round 1  
551 Southland Mall, Hayward, CA
- All Week, 3/23-27:** Rubicon AC Comprehensive - Employment Training Series
- 3/23-3/27 (2-4p):** ServSafe Food Handler Certification
- Wed, 3/25 (4-6p):** Paint & Restore
- Mon, 3/30 (1-3p):** Open Door Employment



For Online CORE Calendar, please scan QR



or use the link [acpd-goso.org/events/](https://acpd-goso.org/events/)