



CORE | Center of Reentry Excellence

Workplace Excellence: EI At Work



Starting every Monday and Thursday
APR 13th, 2026-APR 30th, 2026

1:30 PM - 3:00 PM



CORE

100 Hegenberger Rd, Oakland, CA

Unlock practical tools to better understand and manage your emotions in the Workplace.

This 6-Session course will help participants:

- ✓ Strengthen Communication Skills
- ✓ Build Confidence in the Workplace
- ✓ Develop Professional Habits
- ✓ Grow Accountability and Ownership



REGISTRATION

Please register by scanning QR code or visiting:

<https://tinyurl.com/EICLASSCORE>

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